Jeffco Mental and Physical Health

Sept. 29, 2018
Our Time Today

Current State
Our Constellation of Supports
Mental and Physical health
Our Hopes for the Future
## Current State

<table>
<thead>
<tr>
<th></th>
<th>2016-2017</th>
<th>2017-2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Screening Tool/TM Assessment</td>
<td>552</td>
<td>695</td>
</tr>
<tr>
<td>District Level Threat Assessments</td>
<td>51</td>
<td>62</td>
</tr>
<tr>
<td>Suicide Risk Assessments</td>
<td>1600</td>
<td>2140</td>
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</tbody>
</table>
Our Constellation of Supports

SELS

Deployed in every school serving middle school aged students

Proactive (Tier 1) support for all

Centered on the CASEL competencies
Our Constellation of Supports

- Counselors
- Middle and High Schools
- Career and Academic Planning
- Social Emotional Support
Our Constellation of Supports

COUNSELOR CORP
COUNSELORS

ASSIST WITH TRANSITIONS BETWEEN LEVELS

POTENTIALLY ADDING ELEMENTARY
Our Constellation of Supports

PSYCHS/SOCIAL WORKERS
DEPLOYED THROUGH SPED DOLLARS FOCUS ON STUDENTS WITH DISABILITIES
.5 AT ELEMENTARY
1.0 AT SECONDARY
Special Education

IDEA
INDIVIDUALS WITH DISABILITIES EDUCATION ACT
Designing School-Wide Systems for Student Success

**Academic Systems**

- Intensive, Individual Interventions
  - Individual Students
  - Assessment-based
  - High Intensity

- Targeted Group Interventions
  - Some students (at-risk)
  - High efficiency
  - Rapid response

- Universal Interventions
  - All students
  - Preventive, proactive

**Behavioral Systems**

- Intensive, Individual Interventions
  - Individual Students
  - Assessment-based
  - Intense, durable procedures

- Targeted Group Interventions
  - Some students (at-risk)
  - High efficiency
  - Rapid response

- Universal Interventions
  - All settings, all students
  - Preventive, proactive
Our Constellation of Supports
Our Constellation of Supports

- SHPG
- 3 Registered Nurses
- Elementary SELS
Our Constellation of Supports

JCMH PARTNERSHIPS

LOCAL SCHOOLS BUY SERVICES THROUGH SBB DOLLARS

THERAPIST OR SUPPORT WITH BRAINWISE
Missing Stars

PROACTIVE EARLY INTERVENTION
Minimum of a .5 SEL in every elementary

https://www.edutopia.org/video/5-keys-successful-social-and-emotional-learning

PSYCH/SW INTENSIVE SUPPORT
Addition of a .5 FTE in every elementary outside of SPED dollars allowing for service to all students
57 Nurses supporting 152 schools

“My job is mostly seasonal. The busiest times are cold season, flu season, and allergy season.”
School Nurse...then and now
What does the school nurse do?

★ **Care Coordination** - management of acute and chronic illnesses, health planning, training and delegating, multidisciplinary teams

★ **Leadership** - health expert in JPS, advocacy, health care reform, professionalism, protocol development and implementation

★ **Community Public Health** - access to care, health education/promotion, disease prevention/surveillance, health equity

★ **Quality Improvement** - documentation and data collection, research, continuous improvement results in better practice

★ **Standards of Practice** - code of ethics, Nurse Practice Act, clinical guidelines/protocols
How does nursing services fit into Jeffco Generations?
Most common health conditions in the schools...

- How many medications were administered total in JPS during the school year 2017-18?

135,391

- Asthma
- Allergies → Anaphylaxis
  - Jeffco Stock Epi
- Type 1 Diabetes
- Seizure Disorders
- Adrenal insufficiency
- GI conditions
- Respiratory conditions
How has the school nurse role evolved?

★ 8 high schools with site-based nurses

- Drug Intervention Service support
- Teaching/promoting health education in classes - reproductive health, MEI,
- Healthy Schools
- SBHCs - partnering for health education
- Schools as Community Hubs
What we would like to see?

High School nurses
Middle School nurses
Questions......

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